



LUHS SU NEWSLETTER

No. 10 (2021-10)

EVENTS

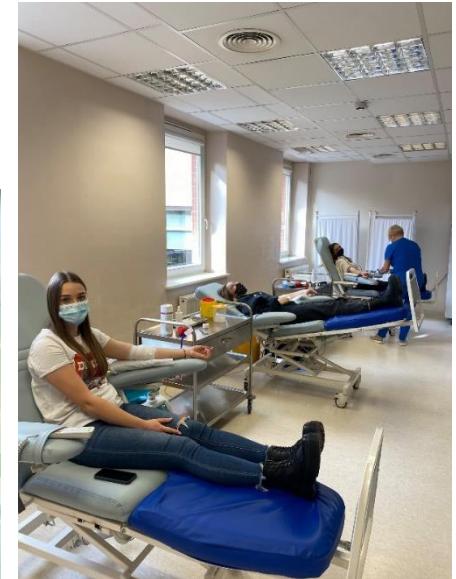
FRESHERS' CHRISTENING

In mid-October, probably the second most important event for the freshers after the camp was the christening. This year we had an escape room "Medical Mystery" and the aim was to find the key and escape from the auditorium. Well, the three teams that were the fastest to complete all eight tasks and escape received great prizes. These included Lemon Gym vouchers, DP60 escape room gift vouchers and a Redbull energy drink. This fits in perfectly with the whole atmosphere of the CrossFit, a fast and energetic escape from the escape room. Congratulations to the winners and see you next time in the classrooms.



KINDNESS WEEK

On 18-22 October, the Social Committee of the LSMU Students' Representation organised a Kindness Week, during which we inspired kindness in others by generous acts and surprises: we surprised not only the students, residents, PhD students and doctors of the Faculty of Pharmacy, but also the little patients of the Children's Disease Unit of Kaunas Clinics with sweet gifts. We did not forget our colleagues! We gave gifts to Kaunas, Vilnius, Klaipėda, Alytus municipalities, the Lithuanian Students' Union to strengthen immunity, and we also visited the Kaunas Clinics Blood Centre, becoming not only blood donors, but also an example to others how good it is to do good!



HALLOWEEN NIGHT OF LSMU SU

Just recently, the scariest event of the year for SA members took place - Halloween evening. Participants solved a murder with a judge, a lawyer, defendants and witnesses. Groups were divided into charades and tried to guess the most famous horror films. During the event, participants' musical knowledge was tested by having to repeat the lyrics of a well-known song. Drawing skills were also used and, at the climax of the evening, the

best Halloween costume was chosen, which was duly decorated. The exercises were unconventional in terms of improving communication skills and strengthening the SA members' bond within the team. Working together, we will strive to create as many memorable events for the LSMU community as possible and opportunities to spend our free time together.

HALLOWEEN NIGHT OF IQOSA



Pumpkin carving has been a tradition in the United States for over 100 years. As a child, I have carved pumpkins for Halloween time every year. This year, I wanted to bring the full fall time craft to my fellow students.

We had about 15 people attend. Most carved their own pumpkins and some teamed up.

It was such a fun time! There were quite a few people in attendance who had never carved a pumpkin before, and it was such a delight watching them get messy and creative. We enjoyed putting all of our masterpieces together for a spooky photo. We had a contest for the best pumpkin and the winner got a fun Halloween prize. Can't wait to see you all next year!

Organizer of Halloween night, IQOSA

REPRESENTATION

CURATORS'21 COMES TO AN END

As LSMU first-year students have been living the student life for almost two months now and are becoming more and more independent, the mentors are slowly coming to the end of their term this year, having promised to always help the first-year students with any questions or problems they may have.

Despite the chilly evening of 21 October, the participants of the mentoring project were not afraid of the bad weather and met the project coordinators Giedre Jasionyte and Aida Kašetaite at the SA premises. What better way to wrap up a project than by discussing it over a delicious pizza and a cup of tea? Each mentor talked about their experience of mentoring a group of first-year students, shared the challenges they had to face, and whether it was easy to 'glue' the group together. We heard different stories, but all the mentors smiled and said that it was a very interesting experience, and many of them revealed that they would like to continue their mentoring career next year. We are delighted for another great generation of curators!

TRAINING FOR REPRESENTATIVES

On 20 October, a training for representatives took place, during which Linas Šablinskas, LSMU SA alumni, currently deputy head of the LSMU Study





Centre, LSMU Career Centre Specialist, shared his experience of representation, told what he gained from representation, what motivated him to sacrifice his free time for the welfare of students and the quality of studies, and what mistakes he made. The second speaker Rokas Jurkonis - LSMU SA alumni, former LSMU SA President, Chairman of the Residents' Council, Chairman of the Doctoral Students' Council - shared stories from his long years of representation, encouraged student representatives not to be afraid, to be brave and take a stance, talked about preparation for meetings, forming arguments. The participants were then divided into groups to look for solutions to problems in specific areas (dormitories, scholarships, ethical behavior at the university, quality of studies thermometer, student support), to explore which university structures can be approached on different issues, and to learn how to formulate their arguments based on the most important university documents.

AUTUMN ELDERS' TRAINING

As the school year is getting underway, LSMU SA invited the elders to get acquainted with the latest news, deepen their knowledge and thus represent their group's interests more strongly at the live autumn elders' training on 18 October. At this year's event, we introduced the representatives of the study programme committees, explored the pitfalls of the LSMU study regulation, dealt with more complex situations, shared experiences, and had discussions. The event was most relevant for first or second year students who could gain new knowledge. We were happy to welcome also students from the older years, for whom it was a great opportunity to refresh their knowledge on how to work at the university in order to effectively represent their group mates, to solve problems, to share experiences and to have a great evening in the company of other elders.

